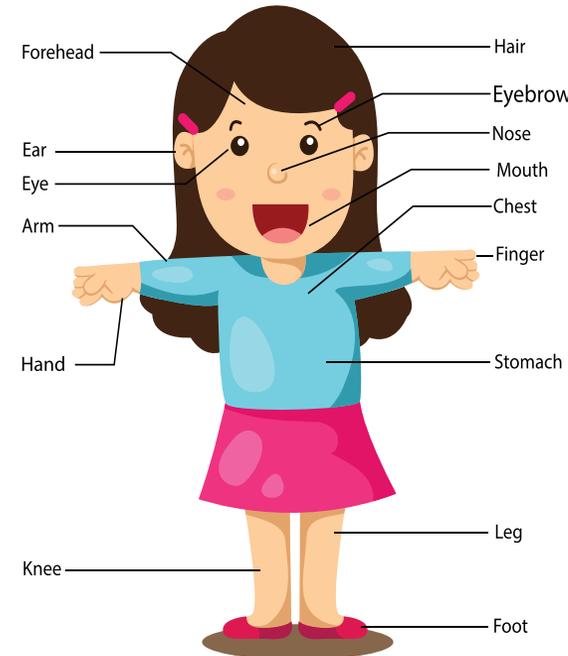


GR8! – 8 words and meanings to learn

Key Word	Meaning
1. sight	This is the sense we get from using our eyes to see things.
2. smell	Our nose is the body part which means we can smell things. Smells can be good or bad.
3. exercise	This is when we move our body for example running, jumping, swimming or playing sport. It is healthy for us.
4. healthy	This is the word which means how well and good we feel in our bodies and in our brains. A healthy body makes us feel good.
5. design	This is another word for 'make.' Our body is 'designed' in a way that helps us live.
6. baby	A new born human being.
7. grow	This is what we do as we move from being a baby into a child and an adult. Everyone grows.
8. bones	These make up the skeleton which holds our body together. There are 270 bones in a child's body.

eye		seeing
ear		hearing
mouth		tasting
nose		smelling
skin		feeling



- Lesson 1** • Learn about the senses: sight, taste, and touch
- Lesson 2** • Learn about the senses of hearing and smell
- Lesson 3** • Identify, name, draw, and label the basic parts of the human body
- Lesson 4** • Learn about changes in your body since you were a baby
- Lesson 5** • Understand the importance of taking care of your body
- Lesson 6** • Show how humans mimic nature

Exercise is important because it keeps us healthy.

We need to sleep well because it gives us more energy the next day.

It is important to keep clean by washing our bodies and hair and cleaning our teeth.

Before and After...

Question 1: Which of these might you find on your face?	Start of unit:	End of unit:
eyes		
mouth		
knees		
hands		
nose		

Question 2: Which of these protect your head?	Start of unit:	End of unit:
arms		
mouth		
hair		
eyebrows		
skull		
chest		

Question 3: What do elbows do?	Start of unit:	End of unit:
Help our legs bend		
Help our arms bend		
Help us walk		
Help us taste		
Help us stand straight		

Question 4: What does the neck do?	Start of unit:	End of unit:
Connects the legs to the body		
Connects the hands to the arms		
Connects the feet to the legs		
Connects the head to the body		
Connects the ankles to the feet		

Question 5: Match the type of animal to their description:	Start of unit:	End of unit:		
nose	see			
hands	hear			
eyes	taste			
tongue	smell			
ears	taste			